

Substance Misuse Policy



King Henry VIII 3-19 School Ysgol 3-19 Brenin Harri'r VIII

We believe in the limitless capacity for everyone to achieve great things.

Effective from: September 2023
Approved by Governors: July 2023
Next Review Due: July 2025

1. Introduction

A drug is a chemical substance which brings about a change in a person's emotional state, body functioning, or behaviour. This definition includes many substances which might not immediately be considered as drugs, such as solvents, alcohol, tobacco and caffeine.

The findings of surveys undertaken across Wales and locally indicate that substance misuse is a major threat to individuals, families and the wider community. One of the most worrying features identified by surveys is that substance misuse appears to be progressively affecting a younger population.

This policy has been informed by partnership working with the Local Authority, Police and Healthy Schools and is intended to assist our school to:

- Respond to any incidents of substance misuse which may occur on school/setting premises;
- Respond to any safeguarding issues associated with either the pupil's substance misuse or someone else

This policy has been developed in the context of Substance Misuse Delivery Plan 2019-2022 "Improving Lives for People and Communities Affected By Substance Misuse", published in 2019. The Welsh Government's Substance Misuse Delivery Plan 2019-2022 aims to set out clear priorities for tackling and reducing the harm associated with substance misuse in Wales.

[Substance Misuse Delivery Plan 2019-22](#)

This policy also alerts the reader to the substances and issues causing concern locally in Monmouthshire. The Strategy sets out an approach to tackling and covers the full range of substances that are misused:

- Tobacco including alternative methods such as e-cigarettes and vaping pens;
- Alcohol;
- Illegal drugs such as heroin, cocaine, MDMA/ecstasy, amphetamines, LSD and cannabis;
- New Psychoactive Substances such as smoke-able herbal based mixes (Spice) and powders (Xanax/Alprazolam);
- Prescription only medicines (POM) such as Opiate based medication (Codiene/Tramadol), Benzodiazepines (Diazepam/Valium), anti-anxiety medication (Xanax/Alprazolam), ADHD medication (Ritalin) and Anti-Epileptic medication (Gabapentin/Pregabalin);
- Over the counter medicines (OTC) such as codeine-based preparations (Solpadine), Cold and Flu medications (Night Nurse), Sedative Antihistamines (Nytol) and Decongestants (Pseudoephedrine);
- Volatile substances such as aerosol propellants, butane, solvents, glues and nitrous oxide.

This document should be read in conjunction with the school's other policies and has particular links with those related to safeguarding and Relationships.

Sources of information and support relating to substance misuse are provided in **Appendix 1**.

Our school has a responsibility to educate pupils, so that their actions are based on knowledge and accurate information, and to enable them to have control over their lifestyle. This policy has fully considered the Welsh Government Circular 107/2013 [Guidance for Substance Misuse Education](#) published in July 2013.

The most popular terminology for New Psychoactive Substances is 'legal highs'. However, the latter phrase can serve to reinforce the perception of a less harmful or safe substance. In this respect, this school refers to New Psychoactive Substances. Under no circumstances will they be referred to as 'legal highs'.

In line with Welsh Government Legislation the entirety of our school site is smoke free. Smoking is prohibited for all children, staff, visitors, and contractors on site. If our school becomes increasingly concerned with smoking on site, then we will contact our LA Enforcement Team to discuss further actions. Appendix 4 provides schools with guidance on ensuring compliance is met.

Making places smoke-free, where pupils gather regularly, will help to protect them from second-hand smoke. It will also help to de-normalise smoking and discourage pupils from taking up smoking themselves. Sanctions and consequences will follow in line with the school's Relationships Policy, disciplinary procedures, and other relevant protocols.

In addition, to help de-normalise smoking and promote a healthy living environment, the school bans the use of any e-cigarettes and vaping pens on school premises.

Pupils, staff and governors require on-going education, so that they are able to recognise the signs of substance related activity and are able to take appropriate action. Everyone in our school is aware of the correct procedures to be followed.

Parents/carers are fully involved in the delivery of the responses to incidents and have an awareness of the education programmes their children will experience within our school. Parents/carers are partners of the school and will be included from the outset in anything that affects their child.

This policy will be available on the school's website for all staff, governors, parents/carers, pupils, visitors, and contractors to access.

2. Principles

This policy emphasises the school's pastoral role and proactive approach to substance misuse and its responsibility to provide appropriate education to enable pupils to make positive, safe choices. Where possible the school will work alongside key partners to provide additional pastoral support for pupils who require further intervention work. Aiming to support and tackle the pupil(s) individual substance use and misuse concerns.

The Policy also presents a clear view on handling any substance misuse issue that may arise within the school. In developing this policy, the school has considered its legal responsibility, the needs of pupils, parents/carers, staff, governor, and the local community.

The most effective resource in Substance Misuse Education to any school is the pupils. They are more likely to have an influence upon their peers than parents/carers or staff. We are seeking to create a climate in our school where pupils look out for other pupils' welfare. Pupils are encouraged to be open and will receive information and guidance through pastoral programmes to facilitate their learning and self-protection skills.

Substance misuse may be more prevalent amongst specific groups of children, from particular demographics. However, this policy will ensure that whilst consideration must be given to individual circumstances, a consistent approach will be upheld in terms of detection and support of issues by school staff. In this respect, the whole school will be consistent in the principles underpinning this policy and flexible with practice in order to take account of individual circumstances.

The school works in association with the Local Authority and South East Wales Safeguarding Children Board to organise and facilitate training for pastoral staff, relevant non-teaching staff and governors.

3. Application of Policy

The school policy of substance misuse should apply:

- On school premises;
- Whilst pupils are travelling to and from school;
- During off-site visits/trips.

Teaching and Learning

King Henry VIII 3-19 School takes the issue of substance misuse (including New Psychoactive Substances) seriously and seeks to give quality education on substance misuse to all pupils. The aim is to empower pupils to make responsible, well informed decisions about substances and, whenever possible, to resist the temptation to use them. This includes smoking cigarettes (including the use of e-cigarettes and vape pens) and drinking alcohol.

This school seeks to provide accurate, unbiased information about substances to its pupils, taught through a life skills approach as an essential component of a broader programme linked to Personal and Social Education (PSE), National Curriculum Science and the Health and Well-being Area of Learning Experience (AoLE) in the New Curriculum for Wales. Effective Substance Misuse Education is fundamental to developing healthy, confident individuals, ready to lead fulfilling lives as valued members of society. By developing pupils' motivation, resilience, empathy, and decision-making abilities, they can be supported to become ambitious, capable pupils, ready to learn throughout their lives.

The delivery of Substance Misuse Education within the school supports the United Nations Convention on the Rights of the Child (UNCRC), protecting all children and young people aged 0-17 years with their human rights:

- Article 6: You have the right to life and grow up to be healthy;
- Article 19: You should not be harmed and should be looked after and kept safe;
- Article 33: You should be protected from dangerous drugs.

4. Curriculum

Substance Misuse Education within the school is mainly delivered as part of the PSE programme. It also forms part of the statutory science curriculum. As our school designs our New Curriculum for Wales provision, Substance Misuse Education will be taught through the Health and Well-Being AoLE. Our aim is to develop and support children to become healthy, confident individuals, ready to lead fulfilling lives as valued members of society, who know how to find the information and support to keep safe and well and who are able to take measured decisions about lifestyle and manage risk.

The aim of Substance Misuse education is:

- To empower pupils to make responsible, well informed decisions about substances used and/or misused within society. (Welsh Government Circular 107/2013).

Pupils will be given opportunities to:

- Understand the effects and risks, from the use of a range of legal and illegal substances and the laws governing their use;
- How to use alcohol responsibly and the risks of binge drinking.

- The benefits of accessing different sources of information, support and advice
- Understand the short- and longer-term consequences when making decisions about personal health;
- The personal, social, and legal consequences of the use of legal and illegal substances;
- The statutory and voluntary organisations which support health and emotional wellbeing;
- How to access professional health advice and personal support with confidence;
- The importance of sexual health and the risks involved in sexual activity including potential sexual exploitation.

Mrs R Davies and Mr J Parkinson, Assistant Headteachers will have strategic oversight of the SME curriculum and the Lifeskills and PSE coordinators are responsible for planning and evaluating the SME curriculum through the WBQ and PSE programmes respectively.

This school seeks to provide pupils with the experiences, knowledge and skills to become healthy, confident individuals through our health and wellbeing curriculum linked to science and technology.

In our school, SME is delivered through topic-based work, planned lessons, co-ordinated cross-curricular teaching and planned events. Below is a brief summary of what is taught in each year group:

Year Group	Overview of SME Programme
4 and 5	Smoking and Alcohol – Introduction to the facts and the impact on health
5	Drugs – Introduction to the facts and the impact on health
6	Crucial Crew
7	Crucial Crew
8	Smoking – to consider the facts about smoking and the impact on health as well as the damage it does to the body
8	Drugs – considering different types of drugs, their effects and the impact of drugs, their effects and the lives of individuals. Police Schools Liaison Officer supports this delivery, along with colleagues from the third sector to deliver lessons around County Lines. Peer pressure is also covered as part of Year 8 PSE curriculum.
9	Alcohol – facts and information surrounding alcohol alongside consideration of government campaigns and the effects of drink driving. Police Schools Liaison Officer supports this delivery.
10	Through PSE Science lessons and as part of Welsh Baccalaureate Skills Challenge certificate. NGage workshops around drug use and support in Year 10 WBQ lessons.
11	PSE in Year 11's focuses on the key question ' How can life choices impact on my mental and physical health? '. In the summer term pupils will study the following topics :- Substances and Addiction, Substances and Sexual Behaviour, and Substances: Reputation and Future Life Chances.
Post-16	As part of WBQ Skills Challenge Certificate
All year groups	Through pastoral work such as LORIC / Personal Development Curriculum sessions, registration activities, assemblies and awareness days throughout the year, visiting speakers (see Health and Happiness calendar and assembly / weekly theme rotas).

The school uses the following supplementary curriculum resources, as well as utilising support from PREVENT, St. Giles' Trust and Llamau and the All Wales School Liaison Core Programme Supplementary Menu <https://www.schoolbeat.org/>

Substance misuse programmes are tailored to meet the needs of all pupils including those in vulnerable groups such as looked after children or children who have started to misuse substances. When necessary/appropriate, an individual plan is developed in order to meet the needs of particular children. In this respect, this school seeks to support any pupil who has substance related problems through its robust pastoral system and good working relationships with outside agencies.

When outside agencies provide sessional learning opportunities for pupils, the school will ensure that:

- The school and the external provider have agreed the aims, content and approach to be adopted;
- The school has checked that the work of the agency is known to them and is considered appropriate, in respect of safeguarding / child protection procedures;
- The school has made the provider aware of any relevant school policies;
- The school has planned for the provider to be actively supported by a teacher at all times throughout the visit.

5. Responding to Incidents and Suspicions Regarding Substances

All staff must be prepared for incidents of substance related activity among our pupils not only in their social life outside school, but within the school itself. Perpetrators target children of school age as a vulnerable market, so we need to be vigilant on our pupil's behalf, taking into consideration that pupils are possibly being exploited and groomed to drug mule.

It is important that everyone in the school; staff, governors, pupils and non-teaching staff, know what the Substance Misuse Education policy is, what to do and particularly and who to go to when incidents occur.

The staff designated to handle such situations are: Mr J Parkinson and Mrs J Mayo Designated Safeguarding Persons (DSP), and Mr J Watson, Headteacher.

The Designated member(s) of staff will maintain a close liaison with the PSE / Health and Well-Being Co-ordinator to ensure that the educational programme retains its relevance to current issues within the locality. This will provide a curriculum that meets the needs of learners and the local community, providing topical structured debate that will further empower pupils to make appropriate choices. Additionally, the designate will maintain up to date knowledge of the school liaison core programme and plan where appropriate within the school substance misuse curriculum.

Immediate action is needed when there is a clear risk to safety. For example:

- An adult collecting a pupil appears to be under the influence of drink or drugs.
- Action: apply locally agreed child protection procedures, involve the Police if adult is aggressive.
- Substances are being supplied/easily accessed on or near school.
- Action: contact Police.
- A pupil discloses that they are misusing drugs, or their parent or other family members are misusing drugs.
- Action: contact social services or Gwent N-gage for specialist advice on how to respond.

Guidance regarding the action to take if a member of staff encounters an incident of substance activity in school is provided in **Appendix 2**. This includes advice in relation to the handling of any substances. This guidance is laminated and displayed in appropriate areas around this school.

When a member of staff has reasonable cause to believe that a pupil is carrying or concealing illegal substances, even if there is no allegation of misuse on school premises, a challenge will be made to the pupil. The pupil and their belongings will be moved to an appropriate area of the school that ensures supervision by staff but privacy from other pupils. A senior member of staff will be called to gather relevant information from the child in the presence of another member of staff, and ensure any substances found, are properly secured. The pupil will be asked to provide an explanation of the concern and asked to display their belongings for school staff to check. If the pupil is not willing to comply with this request, the pupil should remain in the appropriate area whilst the Police and parents/carers are contacted.

6. Sanctions and Support

Exclusions:

This school/setting complies with the following guidance taken from the Welsh Government Circular 255/2019, [Exclusions from Schools and Pupil Referral Units](#):

In making a decision on whether or not to exclude for a drug-related offence the headteacher should have regard to the school's published policy on substance misuse and should consult the appropriately trained members of school staff. The decision, however, will also depend on the precise circumstances of the case and the evidence available. In some cases fixed-term exclusion may be more appropriate than permanent exclusion. In more serious cases, an assessment of the incident should be made against criteria set out in the school's policy. This should be a key factor in determining whether permanent exclusion is an appropriate course of action.

In the light of the above guidance, exclusion is not an automatic response to substance misuse issues within our school, we are very aware that the differing personal circumstances of pupils must be taken into account when considering appropriate sanctions and safety measures.

7. Smoke-Free Legislation:

On March 1st 2021, the new Welsh Government Smoke-Free Legislation came into force. This includes schools, pre-school and childminding settings, playgrounds, and hospitals. It is now against the law to smoke anywhere in the grounds of these settings. Anyone found smoking in a smoke-free area could be issued with a £100 fine. Additionally, a site manager can be fined £200 (discounted to £150) for failing to display a sign and if found guilty they could be fined £2,500 for failing to prevent smoking on their premises. Breaches of the legislation by employees may result in disciplinary action being taken (as noted within CCBC No Smoking Policy).

Appendix 4 provides steps for all schools to ensure they are fully compliant with the new law. A full overview of the Welsh Government Legislation can be accessed on the Smoke-Free Environments [Homepage](#).

8. Communication

All incidents of substance misuse are reported by class teachers to the DSP. All school staff understand the issues relating to confidentiality. Pupils need to be confident that their rights will be respected, but also that the paramount factor in the guarantee of confidentiality will always be the pupil's safety. Staff receive appropriate guidance on issues of confidentiality. This school promotes a culture whereby pupils are aware

that they are able to approach any member of staff with a problem and be secure in the knowledge that in making themselves vulnerable, their trust will not be abused. Parents/carers are aware of the policy the school will follow in substance related incidents. In this respect, a leaflet for parents/carers and children, is provided in **Appendix 5**. This is designed to clarify the school's responses and responsibilities when dealing with issues of substance misuse. This school provides this leaflet to parents at the start of their children's learning journey with this school.

9. Dealing with the Media

Substance use and misuse incidents can potentially receive a high level of media attention.

If the school receives enquiries from any media source, the Headteacher will direct the journalist or reporter to;

[Monmouthshire County Council](#)
[Communications Team](#)

Telephone: 01633 644644 Email: communications@monmouthshire.gov.uk

Under no circumstances will the names of individuals be released to the media.

10. Equality Statement

This school recognises that people have different needs, requirements and goals and we will work actively against all forms of discrimination by promoting good relations and mutual respect within our community and between pupils, parents, staff, governors and partners.

We will also work to create equal access to support, for everyone, irrespective of ethnic origin, sex, age, marital status, sexual orientation, disability, gender reassignment, religious beliefs or non-belief, use of Welsh, BSL or any other language, nationality, responsibility for any dependents or any other reason which cannot be shown to be justified.

11. Monitoring the Policy

All staff should be given the time to fully read through and understand, ensuring the policy is fully implemented across school. Plus allowing them the opportunity to provide any recommendations, before being submitted to governors for approval.

The DSP ensures that written records are maintained of any incidents. Regular reports will be shared with the Safeguarding link Governor.

Effective monitoring of the policy will ensure that observations of the Substance Misuse Education lessons have taken place and that any input via external providers is appropriately evaluated. The Headteacher is responsible for the oversight of the completion of this process.

Appendix 1 – Sources of Information and Support

Organisation	Contact Details
All-Wales School Liaison Core Programme	https://schoolbeat.cymru/
Drug and Alcohol Helpline Wales	www.dan247.org.uk 0808 808 2234 or text DAN to 81066
FRANK Friendly and confidential advice to support individuals with substance misuse issues	www.talktofrank.com SMS: 82111 Free phone helpline 24/7: 0300 123 6600
Gwent N-gage Drug and alcohol support for young people (under 18) across Gwent	https://barod.cymru/ 0333 320 2751
Gwent Drug and Alcohol Services (GDAS) Help and support for anyone over 18 concerned about substance misuse	www.gdas.wales 0333 999 3577 01495 233403 (Blackwood) 02920 868675 (Caerphilly)
Help Me Quit Free support to help quit smoking (open to young people 12 years of age and above)	Help Me Quit Stop Smoking Services In Wales 0800 085 2219 Text HMQ to 80818
WEDINOS A harm reduction programme, that analyses substances for identification and content	WEDINOS - Welsh Emerging Drugs & Identification of Novel Substances Project admin@wedinos.org

Appendix 2 – Staff guide to be displayed in public areas of the school

Mr J Parkinson (Assistant Headteacher and DSP) will contact relevant outside agencies to initiate appropriate action when necessary. However, the effectiveness of class teachers who have a rapport with their pupils cannot be over emphasised. They are invaluable both in acting as ‘early warning systems’ in identifying substance use and misuse amongst pupils, and in providing a sympathetic ear to pupils who might be diffident in seeking help for themselves or their friends. The following guidance should be viewed within this context.

1. Assess whether there is a medical emergency. If there is a medical emergency, call an ambulance immediately. If pupil is hallucinating, Do Not Challenge his/her statement or perceptions. This could be dangerous. Try to remove the pupil to a quiet, non-threatening environment.
2. Contact the DSP. They will make an early decision to inform the parents/carers. It is always advisable, when the initial emergency is over, to contact parents/carers for information and consultation.
3. If any substance is willingly surrendered, seize and retain the substance concerned and transfer it to the DSP. If it is believed substances are present but pupils will not agree to surrender possessions, the pupil should be isolated while the Police are called. During the isolation of a pupil more than one adult should be present.
4. Any substances recovered must be held in a secure location until Police can advise further.
5. Complete a Substance Misuse Recording Form and ensure it is passed immediately to the DSP.
6. Make an early decision on which other agencies also need to be informed or involved. For example, Educational Welfare Officer, Social Services, Police and Educational Psychologist.
7. Consult with School Community Police Officer regarding legal implications of the situation. A request should also be made that Police collect the secured suspicious substances the same working day.
8. Decide if situation warrants informing general/particular pupil population.
9. Liaise with other agencies involved regarding longer-term pupil counselling, family involvement and service availability.
10. Consider if review of school policy or curriculum provision is required as a result of incident.

Handling of Substances

Care should be taken when handling any substance suspected of being a drug. If possible, disposable gloves should be worn. These are kept with first aid kit located at Reception. If these are not available, care should be taken to wash hands immediately after handling.

Needles and syringes which may be found on school premises should be handled with great care to avoid needle-stick injuries. In the first instance the Headteacher, and site manager are responsible for ensuring the site is made safe. The sealable sharps disposal box, specifically designed for the disposal of needles and syringes is located at Reception. The sealable sharps disposal box should always be stored in a safe and secure location within the school.

In the event of a needle stick injury to any party, urgent medical advice should be sought.

Responding to Substance Misuse Related Incidents

What to do when:

A pupil seems to be under the influence of drugs

Suspected drugs or related items are discovered on any premises being used

Information is disclosed about possible substance misuse by pupil

1. Assess incident.

If medical emergency is required:

2. Call an ambulance immediately, continue with first aid treatment.
3. Do Not Challenge his/her statement or perceptions.
4. Try to remove the pupil to a quiet, non-threatening environment.
5. Contact the DSP without delay.
6. DSP to contact parents/carers for information and consultation.

If a non-medical emergency:

1. Avoid accusations, odd behaviour may be displayed for another reason.
2. Make DSP aware of the possible situation.

1. If any substance is willingly surrendered, seize and retain the substance concerned and transfer it to the DSP.

2. If it is believed substances are present but pupils will not agree to surrender possessions, the pupil should be isolated while the Police are called.

During the isolation of a pupil, more than one adult should be present.

3. Any substances recovered must be held in a secure location until the Police can advise further.

Refer to 'Handling of Substances', as well consider substance to be sent to WEDINOS to be analysed.

1. Consider the nature and source of the information
2. Is a direct approach relevant?
3. Aim for a balance between professional discretion and duty of care.
4. Discuss with DSP.
5. Consider whether any Safeguarding issues?
6. Consider whether any offences being committed?
7. Consider location?

1. Complete a Substance Misuse Incident Recording Form and ensure it is passed immediately to the DSP.
2. Make an early decision on which other agencies also need to be informed or involved.
3. Consult with School Community Police Officer regarding legal implications of the situation. Request that the Police collect the secured suspicious substances the same working day.
4. Liaise with other agencies involved regarding longer-term pupil counselling, family involvement and service availability

The HT or DSP will consider whether to inform pupils and community. Additionally, review school policy and curriculum provision.

Handling of Substances

1. If possible, disposable gloves should be worn. These are kept within the first aid kit. If these are not available, care should be taken to wash hands immediately after handling.
2. All needles and syringes found on school premises should be handled with great care and safely removed to a sealable sharps disposal box. In the first instance the Head teacher and site manager are responsible for ensuring the site is made safe.

The First Aid kit is located at **Reception**.

The sealable sharps box is also located in **Reception**.

In the event of a needle stick injury to any party, urgent medical advice should be sought.
Please refer to Appendix 2 within the School's Substance Misuse Policy for a full overview
Appendix 3 – Substance Misuse Incident Recording

Substance Misuse Incident Recording Form at King Henry VIII 3-19 School

Date of incident		Time of incident		Location	
Staff involved		Pupils involved		Others involved	

Initial incident category (Please circle)

Drug-related litter/ Paraphernalia	Possession	Supply
Under the influence	Non-pupil/member	Suspicion/allegation
Description of incident		
Action taken		By whom
Recorded by (Please print)		Position

Does the incident require a referral to Gwent Ngage (0333 320 2751)?	Yes / No Date:
--	-------------------

Substance/item of concern found	Yes / No			
Description of item				
Removed by		Signature		Time
Location secured at		Signature		Time
Witnessed by		Signature		Time

Police representative removing substance from school site:

Print Name		Position	
Time		Date	
Signature			

Appendix 4 – Steps for Headteachers to take in ensuring compliance with the new smoke free legislation

1. Display signs at the entrances and exits to your premises.

A site manager can be fined £200 (discounted to £150) for failing to display a sign. Additionally, if found guilty they could be fined a further £2,500 for failing to prevent smoking on their premises.

2. Display posters and window stickers inside the building's entrances and in reception.
3. Distribute information about the new legislation to staff and parents and additional people using the grounds, such as contractors.
4. Act if someone ignores the smoking ban.

Actions to consider if someone ignores the smoking ban:

- **Approach the person and draw attention to the 'No Smoking' signs** (if the person is smoking in a place where a sign is required). Politely ask them to stop smoking.
- **Advise the person that it is an offence for you** (as owner, manager etc.) to let anyone smoke. You should also advise them that they too are committing an offence by smoking in a smoke-free area.
- **If the person smoking is an employee and continues to smoke:**
explain that the purpose of the smoke-free legislation is to ensure that there is a safe environment for all, free from the harms of second-hand smoke
if required, implement your disciplinary procedure for non-compliance with your workplace's smoke-free policy
- **If the person smoking is a client, visitor etc. and continues to smoke:**
ask them to leave the smoke-free premises (and, where relevant, inform them where they can smoke)
- if they refuse to leave, implement the normal procedure for anti-social / illegal behaviour in the premises
- **Maintain a record of all such incidents and outcomes.**
- **In all cases where physical violence or intimidation is threatened or encountered, seek the assistance of the police.**

Monmouthshire County Council Environmental Health Team: **01291 635711**

Appendix 5 – Information for Parents / Carers

This school has a responsibility to educate our pupils so that their actions are based on knowledge and accurate information, to enable them to have control over their lifestyles.

Our Substance Misuse policy has been developed using Welsh Government's 10 Year Strategy "Working together to reduce harm". The strategy covers:

- ✓ Alcohol
- ✓ Tobacco including e-cigarettes & vaping pens
- ✓ Illegal Drugs – such as heroin, cocaine, MDMA/ ecstasy, amphetamines, LSD and cannabis.
- ✓ New Psychoactive Substances
- ✓ Prescription only medications – such as tranquilizers
- ✓ Over the counter medicines – such as preparations containing codeine.
- ✓ Volatile substances – such as aerosol propellants, butane, solvents, glues and nitrous oxide.

Parents/carers and pupils should be aware that they are able to approach any member of staff and safely confide a substance misuse concern. The school will seek to provide support and information, and will ensure confidentially provided there are no Safeguarding concerns to any child. Further information and support is available from:

All-Wales School Liaison Core Programme:
<https://schoolbeat.cymru/>

Drug and Alcohol Helpline Wales:
<https://dan247.org.uk/>
0800 6335588

FRANK: <https://www.talktofrank.com>
0300 123 660

Gwent N-gage (Under 18s)
<https://barod.cymru/>
0333 320 2751

GDAS: Gwent Drug and Alcohol Services (18+)
www.gdas.wales/
0333 999 3577
01495 233403 (Blackwood)
02920 868675 (Caerphilly)

Help Me Quit: www.helpmequit.wales
0800 085 2219

Substance Misuse Information for Parents / Carers



At our school we value our pupils and their futures. With this in mind we have designed all our policies to keep our pupils as safe as possible.

As a parent/guardian of our pupils, you have a vital role to play. This school is part of your community and you are very important in helping us keep pupils safe. This leaflet will hopefully explain our procedures and your role within them.

Substance Misuse is a problem within society and schools are not excluded from this. We are very aware that concerns do not just relate to illegal substances. We must maintain vigilance and an open dialogue with pupils in order to educate them to protect themselves.

As a parent / guardian we hope you will help us in our duty to protect all our pupils. If we need to speak to you and your child about substance misuse nobody within our school will judge you, or accuse you, we simply need to discuss the facts and decide whether your family may need some extra help.

Within this leaflet we have outlined some of the standard procedures that staff **MUST** follow.

When school staff have concerns for a child, the school will usually discuss this with the parent / guardian, but in some circumstances, this will not be possible and Police or Social Services may be called instead.

The pupil's safety is our primary concern and information may be shared with other agencies if we feel a pupil is at risk.

Staff will:

Assess if there is a medical emergency.
Contact the Designated Safeguarding Person (DSP).

Seize and retain the substance concerned and transfer DSP.

Make early decisions around contacting parents/carers or other agencies.

Ensure that written records are maintained of any incidents.

Have discussions with pupils and their parents/carers around support available.

Staff will not:

Focus on the disciplinary aspect of substance misuse on school premises.

Behave in an accusatory manner towards the pupil.

Ask questions that may interfere with a possible criminal investigation.

Discuss the allegation other than with designated staff.

Promise to keep secrets.

None of these procedures are aimed at upsetting or distressing you as parents/carers. They are designed to address at your child's needs.

The DSP will **not** ask parent/carers before calling Social Services if:

The parent/guardian knew of the concerns and did not protect the child

The parent/guardian is the cause of concern

The parent/guardian would not be able to discuss the concern

As a parent/guardian, you play a vital role in the life of the school, especially when it comes to ensuring all our pupils are safeguarded and protected. As a school we ask that you as parents / carers:

Talk to your children about risk taking behaviour and keeping safe.

Talk to staff about any concerns you have for your child

Remember that the school **MUST** share concerns about your child

The school will **NOT** judge you, but they may have to share difficult information

The school **MUST** prioritise the safety and wellbeing of pupils, they cannot keep secrets from other agencies.

Appendix 6 – Pupil Guidance on Substance Misuse Activity in School/ Setting

King Henry VIII 3-19 School

School Core Aims:

1. To be proactive in tackling substance misuse within the school.
2. To provide a curriculum that will educate pupils regarding all aspects of substance misuse education.
3. To utilise all local services to support pupils where needed.

Please can all pupils report to a member of staff immediately, if;

- Any substance/paraphernalia is found on school premises.
- Any pupil who seems under the influence and needs immediate assistance.

For further support and general advice please feel free to speak to the schools designated officer:

The Designated Safeguarding Leads at this school are:

Primary site: Jo Mayo
Secondary site: Jake Parkinson

The Deputy Designated Safeguarding Leads at this school are:

Primary site: Jill Phillips
Secondary site: Judith Davies

Organisations to support:

Gwent N-gage

Drug and alcohol support for young people across Gwent

<https://barod.cymru/> / 0333 320 2751

Drug and Alcohol Helpline Wales

www.dan247.org.uk / 0808 808 2234

FRANK

Friendly and confidential advice to support individuals with substance misuse issues

www.talktofrank.com/ 0300 123 6600

Help Me Quit

Free support to help quit smoking

www.helpmequit.wales / 0800 085 2219