

Substance Misuse

Universal Provision

Our current Substance Misuse policy can be found [here](#). This policy is updated every two years. Below is the outline of work completed across the school around the subject of alcohol and substances. We have expert outside providers supplementing this programme each year.

Year Group	Overview of SME Programme
4 and 5	Smoking and Alcohol – Introduction to the facts and the impact on health
5	Drugs – Introduction to the facts and the impact on health
6	Crucial Crew
7	Crucial Crew
8	Smoking – to consider the facts about smoking and the impact on health as well as the damage it does to the body
8	Drugs – considering different types of drugs, their effects and the impact of drugs, their effects and the lives of individuals. Police Schools Liaison Officer supports this delivery, along with colleagues from the third sector to deliver lessons around County Lines. Peer pressure is also covered as part of Year 8 PSE curriculum.
9	Alcohol – facts and information surrounding alcohol alongside consideration of government campaigns and the effects of drink driving. Police Schools Liaison Officer supports this delivery.
10	Through PSE Science lessons and as part of Welsh Baccalaureate Skills Challenge certificate. NGage workshops around drug use and support in Year 10 WBQ lessons.
11	PSE in Year 11's focuses on the key question ' How can life choices impact on my mental and physical health? '. In the summer term pupils will study the following topics :- Substances and Addiction, Substances and Sexual Behaviour, and Substances: Reputation and Future Life Chances.
Post-16	As part of WBQ Skills Challenge Certificate
All year groups	Through pastoral work such as LORIC / Personal Development Curriculum sessions, registration activities, assemblies and awareness days throughout the year, visiting speakers (see Health and Happiness calendar and assembly / weekly theme rotas).

Our Health and Happiness Calendar also outlines key events linked to wellbeing issues each year. This calendar is developed by listening to results of surveys such as the School Health Research Network survey.

Targeted Support

A Gwent N-gage support worker attends school on a weekly basis, providing drop-in support and information for young people on all aspects of drug and alcohol use. Please speak to your child's Wellbeing Leader for further information or referral requests, or see their website <https://www.n-gage.cymru/>

GDAS provides support and services for adults around alcohol and substances - <https://www.gdas.wales/>

Talk to Frank provides honest information about drugs for parents/carers and pupils
<https://www.talktofrank.com/>

Barnardo's provides information here <https://www.barnardos.org.uk/get-support/support-for-parents-and-carers/child-abuse-and-harm/alcohol-and-other-drug-misuse>

If you feel that a young person is at risk of significant harm linked to drug or alcohol use in themselves or their parents/carers, contact the Designated Safeguarding Lead at the school Mr J Parkinson. If outside of school hours contact the Children's Services Emergency Duty Team on 08003284432, the police on 101, or in an emergency 999.