

# WEEK 1 MENU

W/C: 15/04, 06/05, 17/06, 08/07, 09/09, 30/09, 21/10

FOOD UNION

## CHOICE One

## CHOICE Two

## GRAB & GO options

	CLASSICS	RICE BOX
<b>MON</b>	<b>Chicken &amp; Veg Tikka Masala</b>   with Wholegrain Rice and Vegetables	<b>Roasted Rainbow Vegetables</b>  
	BURGER BAR	BURGER BAR
<b>TUE</b>	<b>Double Beef Burger</b>  Served with Chipotle Wedges and Corn on the Cob	<b>Veggie Burger</b>  Served with Chipotle Wedges and Corn on the Cob
	CLASSICS	HOT DELI
<b>WED</b>	<b>Roast Chicken</b>  Served with Roast Potatoes, Two Vegetables and Gravy	<b>Sticky BBQ Quorn Pitta</b>  Served with Mixed Salad
	MAC SHACK	MAC SHACK
<b>THUR</b>	<b>Macaroni Cheese with Crispy Bacon</b> Served with Roasted Beetroot and Chickpea Salad and Crispy Onions	<b>Macaroni Cheese with Chipotle Sweetcorn</b>   Served with Roasted Beetroot and Chickpea Salad and Crispy Onions
	FRIDAY FAVOURITES	FRIDAY FAVOURITES
<b>FRI</b>	<b>Battered Fish</b> Served with Chips, Baked Beans and Peas	<b>Quorn Sausage Roll</b>  Served with Chips, Baked Beans and Peas

### HOT DISHES:


Paninis  
Pasta and Sauces  
Freshly Baked Pizza

Jacket Potato and Toppings

### SALADS:

Tuna and Sweetcorn Pasta Salad  
Pesto Pasta Salad    
Roasted Indian Chickpea Salad  

### SANDWICHES/BAGUETTES:

Ham and Cheese Sandwich  
Chicken Salad Sandwich  
Cheese Baguette   
Tuna Mayo Baguette  
BLT Baguette

### WRAPS:

Pepper and Houmous Wrap    
BBQ Chicken Wrap   
Chicken Caesar Wrap 

# WEEK 2 MENU

W/C: 22/04, 13/05, 03/06, 24/06, 15/07, 16/09, 07/10

FOOD UNION

## CHOICE One

## CHOICE Two

## GRAB & GO options

	CLASSICS	CLASSICS
<b>MON</b>	<b>Sausage and Mash</b>  Served with Vegetables and Gravy	<b>Vegetarian Sausage and Mash</b>   Served with Vegetables and Gravy
	PAN-ASIAN	PAN-ASIAN
<b>TUE</b>	<b>Mandarin Chicken</b>   Served with Wholegrain Rice, Peas and Crunchy Slaw	<b>Vegetable Donburi</b>  Served with Peas and Crunchy Slaw
	CLASSICS	HOT DELI
<b>WED</b>	<b>Roast Pork or Halal Roast Turkey</b> Served with Roast Potatoes, Two Vegetables and Gravy	<b>Korean BBQ Quorn Sub</b>  Served with Chipotle Wedges, Coleslaw and Sweetcorn
	LOADED NACHOS	LOADED NACHOS
<b>THUR</b>	<b>Chilli Con Carne Nachos</b>   Served with Mixed Salad and Salsa	<b>Chilli No Carne Nachos</b>   Served with Mixed Salad and Salsa
	FRIDAY FAVOURITES	FRIDAY FAVOURITES
<b>FRI</b>	<b>Southern Fried Chicken Wrap</b>  Served with Chips, Baked Beans and Peas	<b>Cheese and Onion Pasty</b>  Served with Chips, Baked Beans and Peas

### HOT DISHES:


Paninis  
Pasta and Sauces  
Freshly Baked Pizza

Jacket Potato and Toppings

### SALADS:

Tuna and Sweetcorn Pasta Salad  
Pesto Pasta Salad    
Roasted Indian Chickpea Salad  

### SANDWICHES/BAGUETTES:

Ham and Cheese Sandwich  
Chicken Salad Sandwich  
Cheese Baguette   
Tuna Mayo Baguette  
BLT Baguette

### WRAPS:

Pepper and Houmous Wrap    
BBQ Chicken Wrap   
Chicken Caesar Wrap 

# WEEK 3 MENU

W/C: 08/04 , 29/04 , 20/05 , 10/06 , 01/07 , 02/09 , 23/09 , 14/10

FOOD UNION

## CHOICE One

## CHOICE Two

## GRAB & GO options

	HOT DOGS	HOT DOGS
<b>MON</b>	<b>Classic New Yorker Hot Dog</b>  Served with Chipotle Wedges and American Slaw	<b>Tropical Sunshine Hot Dog</b>   Served with Chipotle Wedges and American Slaw
	STREET FOOD	STREET FOOD
<b>TUE</b>	<b>Buffalo Chicken</b> Served with Baked Garlic and Herb Wedges and Mixed Salad	<b>Quorn Shawarma Pitta Pocket</b>  Served with Mixed Salad
	CLASSICS	CLASSICS
<b>WED</b>	<b>Roast Chicken</b>  Served with Roast Potatoes, Two Vegetables and Gravy	<b>Roast Veggie Balls</b>  Served with Mashed Potato, Peas and Gravy
	BUDDHA BOX	BUDDHA BOX
<b>THUR</b>	<b>Nut-free Chicken Satay Buddha Box</b>  Served with Wholegrain Rice and Mixed Salad	<b>Roast Butternut Squash, Chickpea and Broccoli Buddha Box</b>   
	FRIDAY FAVOURITES	FRIDAY FAVOURITES
<b>FRI</b>	<b>Battered Fish</b> Served with Chips, Baked Beans and Peas	<b>Vegetable Fajita</b>   Served with Chips, Baked Beans and Peas

### HOT DISHES:

Paninis  
Pasta and Sauces  
Freshly Baked Pizza

Jacket Potato and Toppings

### SALADS:

Tuna and Sweetcorn Pasta Salad  
Pesto Pasta Salad    
Roasted Indian Chickpea Salad  

### SANDWICHES/BAGUETTES:

Ham and Cheese Sandwich  
Chicken Salad Sandwich  
Cheese Baguette   
Tuna Mayo Baguette  
BLT Baguette

### WRAPS:

Pepper and Houmous Wrap    
BBQ Chicken Wrap   
Chicken Caesar Wrap 