

Newsletter / Cylchlythyr

King Henry VIII 3-19 School
October 2023



Volunteer pupils at The Plastics Lab have been working away on several exciting projects.

They held a market stall at the Greener Abergavenny Fair in the town market hall where they raised a whopping **£637**. Members of the public were extremely impressed with the pupils' work, knowledge and positive attitude. The group sold coasters, keyrings, jewellery and bookmarks.

This money puts the total earnings of The Plastics Lab just shy of **£1700**. The team are raising money to buy equipment to further their recycling capabilities.

The Plastics Lab has made links with Keep Abergavenny Tidy and The Abergavenny Chronicle who have also shown support by promoting our recycling message.

A film crew from **ITV Wales** came to interview and document the team in line with Wales' commitment to ban all single use plastics. The pupils did a fantastic job in representing themselves, the school and Abergavenny.

The Plastics Lab will feature on **ITV Wales 6 o'clock News** on Monday 30th October.



Value of the month:-
Positivity



Focusing on solutions instead of problems

Key Dates for November:

Monday 30th Oct to Friday 3rd Nov - Half Term

14th to 16th - Year 7 Check in Event

9th - Senior Phase Open evening

10th - Remembrance Service

17th - BBC Bitesize Event Years 7-10

20th to 23rd - Scholastic Book Fair (Secondary)

30th - SLT Open Door session 5pm-7pm

World Mental Health Day

World Mental Health Day was marked with a week of activities focused on the importance of talking and sharing with each other. The school worked with Young Minds and Britain Get Talking to give all pupils a 'home-learning' task to share any worries, fears or concerns with a parent, carer or other trusted adult. Key information on mental health and wellbeing support can be accessed by through school on our website

<https://www.kinghenryviii3to19school.co.uk/page/?title=Support+and+Advice&pid=85>.

On Friday 13th October, we held a non-uniform 'Wear Yellow' day and a cake sale to raise money for Young Minds. Thank you for your help in raising over £450 for this cause, and for more importantly, raising awareness of mental health and wellbeing across our school community.



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Wellbeing Ambassadors



We are proud to welcome our new cohort of Wellbeing Ambassadors for 2023-24. They have undertaken training in the summer term and have just been involved in their first event, supporting our Open Evening. Throughout the year they will support school events and pupils through mentoring, small group work, and helping in PSCE lessons.

Health and Wellbeing

Pupils in Years 7-11 have been looking at their diet and healthy snacks in their PE lessons with the help of Chartwells catering nutritionist.



Mindfulness for the Senior Phase

Pupils in Year 12 and Year 13 have been practising different mindfulness methods during Mindfulness club. The benefits of mindfulness are many, reducing stress, calming, time to focus and making friends, to name a few.



Senior UKMT Challenge

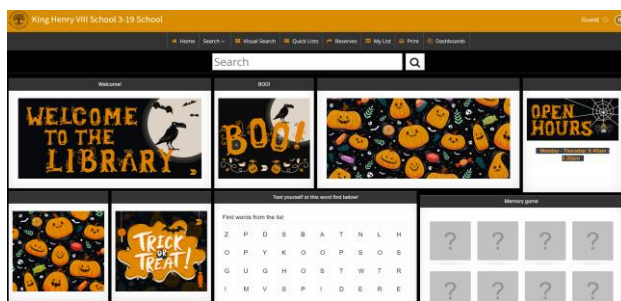
Year 12 and Year 13 A-Level Maths pupils took part in the Senior UKMT Maths Challenge earlier this month. The Challenge was conducted nationwide, with the best of the UK's 6th Form Maths pupils competing. All of our pupils performed fantastically, and particular mention should be made for the following who received awards:

Best in School (Silver) - Ruth
Best in year (Silver) - Cameron
Silver - Oyhenaez
Bronze – Cameron, Monty, Ethan and Owen



Congratulations to all who took part.

New Library App



Pupils have been learning all about our exciting new web app (link below). The current dashboard is a Halloween theme. Anyone can take a look at the app as a Guest by using the following link <https://uk.accessit.online/kng24> and click 'Guest'.

World Teacher's Day

We celebrated World Teacher's Day on 5th October, giving thanks to our teachers who do so much for our pupils across both the primary and secondary sites. Each teacher received a small gift and word of thanks from our Headteacher Mr Watson.



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Interactive Story Time



Dosbarth Eliffant (Reception class) enjoyed an interactive story time and drawing session with author Tom Palmer

Diwrnod Shwmae



This month, Criw Cymraeg was formed with pupils from Years 7, 8 and 9. These pupils will help promote the Welsh language and Welsh culture around the school by planning events and competitions for the whole school including staff.

Every Thursday we run 'Clwb Cymraeg' - Welsh club for pupils to practice their Welsh through games/ activities. Da iawn Criw Cymraeg a diolch yn fawr.



Diwrnod Shwmae 2023 Twitter

Recycle Centre



D&T now have a Recycle Centre (located outside 204), where staff and pupils can deposit steel, aluminium, HDPE (Number 2 plastic) and acrylic. This will then be turned into new material to be used by pupils. This is part of the department's pledge to be fully sustainable by 2028.

Performing Arts

A-Level pupil Oliver performed with the professional "Wind Ensemble De Cymru" in preparation for the premiere performance of "Mini Symphony for Winds", composed by our Head of Performing Arts Mr Hunt.



Drama

Years 10 and 11 GCSE Drama classes really enjoyed Theatre Adhoc's production of 'Face: The Play' by Benjamin Zephaniah at The Congress Theatre. The visit supported pupils in completing their final written examination and inspired their own devised work.



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Sporting Achievements:

- Elliot in Year 7 recently competed in the Kickboxing World Championship. He represented Wales in Munich and won all fights to become World Champion taking the gold.
- Well done to Joe Year 11 on winning two silver medals in the National Track Championships
- Well done to the Year 8 and 9 Girls for excellent participation in the recent Rugby Festival: an excellent representation of King Henry VIII 3-19 school. The bad weather did not dampen spirits.
- Year 7 Girls attended the Dragons Rookie Rugby event as part of the national girls in rugby week.
- Well done to the Key Stage 3 Football team drawing to St Albans in the first game of the season for them. Keep up the good work girls!
- A big thank you to local professional boxer Kieran Gething for his two taster sessions – the group loved the experience.
- Well done to Tomos in Year 7 representing the school at the schools skiing championship, he placed 2nd overall in his category
- Senior Phase pupil Aneurin William coached and officiated at the Rookie Rugby event coaching/officiating 140 girls from 9 different schools across the dragons Region.
- Well done to Anya in Reception class for coming second in a solo dance in Surrey. Anya has also qualified for the National finals in Blackpool. Good luck.



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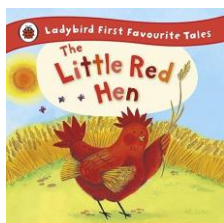
Annual Awards Evening

For the first time since the beginning of the Covid-19 pandemic our Annual Awards evening was held in person. This is an important event to celebrate the achievements of pupils across a wide variety of areas including: attainment, sporting success, music, drama, community activities, and leadership. There were 326 individual awards this year and we were so pleased that so many pupils and parents were able to be present.

Our guest speaker, former Wales Rugby Captain Paul Thorburn, joined us for a thoroughly enjoyable evening.



Primary Harvest Festival celebrations



To celebrate Harvest Dosbarth Panda (Nursery) have been reading "The Little Red Hen". Pupils had a great time helping the hen by making their own delicious bread.

Dosbarth Teigr and ArthWen (Years 3 and 3/4) enjoyed Harvest Festival and dressed up as scarecrows, farmers and gardeners. They performed a fabulous assembly for primary section pupils.



<https://www.kinghenryviii3to19school.co.uk>

<https://twitter.com/KingHenrySchool>